

Bude's 2017 Shoreline Triathlon - Sunday 18th June

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Sunday June 18th, 1.00 pm Summerleaze Beach

Timetable

9 am to 12.00 pm Check in, receive numbers and chips, Summerleaze Beach car park

12.15 pm Competitors briefing at the transition area, Summerleaze Beach car park

1.00 pm Start

The Course

500m swim in Summerleaze bay; 11 mile cycle around Bude and then via the coast road to Widemouth Bay, returning to Bude along the A39; 3 mile run through Bude then along the canal towpath to Rodds bridge, returning via Lynstone road and the Strand.

A big thank you to all of the 2016 competitors who raced legally and sensibly last year. The route for 2017 remains the same including the footdown stops within the town centre.

Useful Information

- Previous results and this years confirmed entries at www.shorelineactivities.co.uk
- Finishers medals for all
- Event T-shirts
- Loads of categories
- Bring a Bowl to wash the sand off your feet
- Film of the course available at www.shorelineactivities.co.uk
- Keep up to date with events simply Like Us on Facebook - Shoreline Extreme Sports

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