

No.	First Name	Surname	Category	Age	Home and Info
1	Matt	Garratt	ms	31	Godalming - First Tri
2	Morgan	Scholey	ms	23	Paignton - Loves Liverpool FC - Always tries to enter Bude Tri
3	Llywi	Scholey	ms	25	Bristol - Works for NHS - Aiming to beat his Dad - Loves Bude Tri
4	Leo	Holroyd	ms	37	Ilfracombe
5	James "Jamo"	Walker	ms	26	Bude - Despite appearance I am not Samoan
6	Andrew	Thomas	ms	30	Exeter
7	John	Watson	ms	28	Yelland - Supporting wife Meg towards her first Ironman Tri
8	Ben	Hancock	ms	26	Bude - Full time legend - Not Joel Perkin
9	Justin	Tombs	ms	37	Witney - Bike written off after previous event with car park height barrier
10	Andrew	Ball	ms	35	London
11	Ben	Hockridge	ms	33	Bristol
12	Paul	Titterton	ms	38	Sheffield
13	Jack	Davies	ms	24	Southsea
14	Robbie	Bridgman	ms	35	Newton - St - Petrock - Just doing this to justify the next 10 pints of cider
15	Ben	Middlemost	ms	28	Exeter - Loves Beer
16	Russell	Barrowcliffe	ms	30	Exeter - First Tri
17	Luke	Furneaux	ms	27	Exeter - Loves a beer after a good cycle
18	Danny	Passco	ms	38	Torpoint - First Tri, preparing for an Ironman
19	Shaun	Ingram	ms	29	Newquay - From Zimbabwe, First Tri
20	William	Mann	ms	33	Whiddon Down
21	Sean	Trick	ms	33	Bude - Kilk boy, now work in Midlands, sister Rebecca also racing
22	Andrew	Nock	ms	30	Bude - Australian Bondi Rat. Racing for Brain Tumour Charity
23	Jon	Malyn	ms	34	Woolacombe - Has 3 young daughters, wishes the race was longer!
24	Sebastian	Calloway	ms	27	Bristol - Junior Doctor trained in Devon & Cornwall, only does tri in Bude
25	Nick	Sharpe	ms	30	Bristol - Beginner
26	Tony	Borrell	ms	31	Teign Village
27	Jacob	Markham	ms	24	Haywards Heath
28	Nick	Busca	ms	35	Stratton
29	Lewis	Stritch	ms	27	Bude - One of the old BTEC boys
30	Oliver	Martin	ms	28	Bristol - Birthday surprise! He doesn't know about the others doing it

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31	Monty	Jeacock-Fewtrell	ms	25	Eynsham
32	Steven	Mclellan	ms	34	Bude - Only member of the Lewis Stritch Fan Club
33	Alex	Pillage	ms	23	Plymouth
34	Will	Miller	ms	27	Chester - Only man in the world with a yoghurt for a body
35	Jonathan	Chapple	ms	33	Southampton
36	Jacob	Roberts	ms	27	Plymouth - First race post toilet brush injury!
37	Martyn	Luders	ms	37	Plymouth - Doesn't like cheese but does like a clap and cheer at finish
38	Jon	Brookes	ms	28	Buckland Brewer - First Tri with is wife
39	James	Stag	ms	33	Crediton - 1st time in competition
40	Kieran	Ferris	ms	27	Exeter
41	Luke	Day	ms	32	Barnstaple
42	Zerran	Hammond	ms	21	Bude, Son of the organiser - Rugby and Lacrosse player
43	Stan	Savage	youth boy	17	Winchester - Mum is also taking part and aiming to beat her!
44	Isobel	West	ws	19	Luton - First Open Water adult triathlon
45	Jill	Hoskins	ws	36	Landkey
46	Millie	Andrews	ws	32	Godalming
47	Sarah	Tupper	ws	29	Exeter
48	Megan	Watson	ws	27	Yelland - First Tri - Gave birth to little Nora in 2018
49	Sophie	Fox	ws	34	Bude
50	Kim	Nurcombe	ws	27	London
51	Kirstine	Davies	ws	32	Bude - First ever Tri
52	Paula	Cornish	ws	35	Bude - 2nd Triathlon
53	Sally	Dunnett	ws	39	Alford
54	Rebecca	Trick	ws	30	Bath - Born in Bude - 1st Tri - Brother Sean also racing
55	Joanna	Wright	ws	29	Newquay - 1st Tri
56	Allie	Kaufman	ws	31	Ilfracombe
57	Lydia	Deacon	ws	30	Marhamchurch - Competed in the Polar Bear challenge last winter
58	Kathryn	Ecott	ws	28	Bristol - Trainee surgeon - misses the beach and loves Bude Tri
59	Eleanor	Covell	ws	30	London - Went over her handlebars in her first triathlon
60	Rosie	George	ws	29	Bristol - 1st Tri

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61	Anne	Bills	ws	39	Devon
62	Emma	Beattie	ws	26	Gerrards Cross - here with Gold Hills Holiday Gang
63	Kate	Beattie	ws	22	Gerrards Cross - here with Gold Hills Holiday Gang
64	Sonia	Gregg	ws	35	Bude - Doesn't own a bike and terrified of swimming in the sea
65	Kerry	Paterson	ws	32	Bude - Addicted to wild swimming
66	Kirsty	Sanbach	ws	34	Barnstaple
67	Lucy	Lewis	ws	37	Barnstaple
68	Lisa	Bashford	ws	36	Barnstaple
69	Steph	Rakhshani	ws	32	Bude - loves swimming, cycling, running & Horse Riding
70	Hannah	Parker	ws	28	Falmouth - Studying Sports Rehab - 1st tri. - competing with mum
71	Claire	Naysmith	ws	33	Bude - Small but mighty!
72	Zoe	Boreham	ws	26	Bristol - doing the event to surprize boyfriend
73	Amy	Sargeant	ws	25	Barnstaple
74	Sianedd	Elliott	ws	39	Tattenhall
75	Briony	Cole	ws	32	Bude - 1st female winner of the Poughill Revel Knobbly Knees contest
76	Katie	Brookes	ws	31	Buckland Brewer
77	Kelcey	Pillage	ws	26	Plymouth - PE Teacher, competing alongside rest of family
78	Kerri-Ann	Upham	ws	29	Exeter
79	Larry	Newton	m40	42	Bude - Rugby coach and Surf Life Saver
80	Stephen	Collier	m40	45	Exeter
81	Lee	Shepherd	m40	44	Barnstaple - Firefighter
82	Daniel	Perrin	m40	43	Muddiford - First Tri
83	Luke	Brunton	m40	44	Barnstaple - first Tri - Beekeeper but allergic to them!
84	Gary	Pethick	m40	40	Bude - Owner of local scaffold company Bude Tubes Scaffolding
85	Iain	Weaver	m40	42	Plymouth
86	Mark	Boundy	m40	46	Launceston - Firefighter
87	Julian	Gribble	m40	44	Launceston - Pig Farmer
88	Karl	Jacobsen	m40	39	Barnstaple - Loves travelling, keeping fit and surfing
89	Simon	Franklin	m40	48	Launceston
90	James	Smith	m40	46	Sheffield - Has a dog named Finn Mcool

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91	Mark	Cornish	m40	40	Bude - 1st Tri
92	Andy	Berry	m40	45	South Petherwin - 1st Tri - Youth Hockey coach in Launceston
93	Richard	Wood	m40	40	Exeter - Rob Saxton bullied me into this
94	Rob	Saxton	m40	40	Bude
95	Andrew	Stokes	m40	41	Holsworthy
96	Pete	Lawrence	m40	45	Saltash
97	Richard	Godfrey	m40	45	Holsworthy
98	Martyn	Parrish	m40	44	Farnham Common - Originally from Holsworthy
99	Paul	Sharpe	m40	44	Bideford
100	Chris	Ferguson	m40	44	Bude
101	Andy	Robinson	m40	46	Bude - moved to Bude this year and decided to do my first tri
102	Richard	Fenton	m40	47	Cheltenham 0 Just glad to be allowed out!
103	Matt	Higgs	m40	44	Bude - Kidney transplant in 2015 - promoting organ donation
104	Pete	Tomes	m40	41	Plymouth
105	Zerran	Bell	m40	39	Bude - Rugby Referee, coach and Surf Life Saving coach
106	Kit	Davis	m40	45	Bude
107	Stephane	Prud'homme	m40	47	Taunton
108	Helen	Newton	w40	45	Bude - Surf Life Saver
109	Victoria	Harrison	w40	44	Launceston
110	Donna	Marriott	w40	47	Bideford - Still doesn't like swimming
111	Julia	Bailey	w40	48	Bideford
112	Louise	Wakeham	w40	43	Launceston
113	Caroline	Jones	w40	42	Bideford - the only thing I am scared of is bears
114	Nicola	Upton	w40	47	Bideford
115	Becky	Hughes	w40	42	Helston
116	Sarah	Davey	w40	48	Lifton
117	Lucy	Davies	w40	48	Poundstock - 1st Tri - started running in 2020
118	Jenny	Pitt	w40	47	Saltash - enjoyed this event in 2019
119	Joanne	Parrish	w40	41	Farnham Common
120	Karen	McNamara	w40	47	Clevedon

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121	Sarah	Welburn	w40	49	Bude
122	Claire	Cardoo	w40	47	Bude
123	Catherine	Sandbach	w40	40	Barnstaple
124	Kirsty	Henderson	w40	47	Bristol - Competing to try and beat nephew
125	Vicki	Cocks	w40	42	Bristol - Excited about the open water swim
126	Angela	Netherwood	w40	48	Mithian - First ever Tri with a sea swim
127	Clare	Ley	w40	42	Bideford - Originally from Hartland, went to Budehaven School
128	Claire	Savage	w40	47	Winchester - Mum of 3 boys, London Marathon, son also competing
129	Laura	Topping	w40	40	Plymouth
130	Camilla	Holroyd	w40	41	Ilfracombe
131	Keith	Scholey	m50	53	Whitstable - looks like a shaved gorilla actually trying to be a triathlete
132	Martin	Potter	m50	54	London
133	Simon	Owens	m50	54	Launceston - New owner of Launceston Cycles promoting all things Tri
134	Paul	Cottle	m50	52	Bude - Surf Life Saver and local Builder
135	Robert	Cooper	m50	49	Tavistock
136	Marcus	Johns	m50	54	Hampshire - Have been competing here for 20 years
137	Rob	Hawthorne	m50	55	Oxford
138	Steven	Hill	m50	57	Bideford - Full time Harry Hill impersonator
139	John	Webb	m50	55	Exton - back after 4 years
140	Mark	Potter	m50	51	Barnstaple
141	Roger	Gliddon	m50	57	Plymouth
142	Andrew	Appelboam	m50	51	Newton Abbot - Professor of Emergency medicine
143	Dan	Millard	m50	57	Bude - Keen open water swimmer - will try to keep up with my wife
144	Nick	Foden-Ellis	m50	54	Askett - Ex military now pet shipper
145	James	Cole	m50	54	Grittleton - enjoying the event with my wife and friends
146	Philip	Stroudley	m50	53	Bude - 34 years in the Army - 13 Ironmans
147	James	Thomas	m50	51	Widemouth Bay - 4th Bude triathlon
148	Martin	Palmer	m50	58	Perranporth
149	Martin	Pilage	m50	55	Plymouth - also competing with son Alex and brother-in-law Roger
150	Paul	Anthony	m50	56	Bristol - Loves his Dog

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151	Christopher	Heywood	m50	57	Bude - family man who loves all sport
152	Marcus	Fry	m50	59	Bristol - did first tri 22 years ago
153	Simon	Dowling	m50	50	Bude
154	Tim	Searle	m50	52	Plymouth - Ran London Marathon around his garden in 2020
155	Rob	Moore	m50	58	Exeter
156	Melanie	Scholey	w50	52	Whitstable
157	Gill	Hardy	w50	53	Dawlish - Joint birthday celebrations with friend Mel
158	Karen	Hockin	w50	58	Tavistock
159	Nicola	Friedrich	w50	54	Barnstaple - Teaches Outdoor Education
160	Rachel	Toft	w50	51	Barnstaple - Paramedic
161	Sally	Bryant	w50	56	Cranleigh
162	Terri	Ingram	w50	50	Ilfracombe
163	Michaela	Millard	w50	54	Bude - 1st triathlon - cold water swim everyday through the winter
164	Allie	Foden-Ellis	w50	50	Askett - Ex Military now a teacher
165	Debbie	Purser	w50	55	St Mawes - last tri was 8 years ago, used to work at Outdoor Adventure
166	Ruth	Beattie	w50	57	Gerrards Cross - here with daughters and friends
167	Ruth	Cole	w50	52	Grittleton - here with husband and friends
168	Helen	Dinnage	w50	53	Barnstaple
169	Chris	Challis	w50	59	Barnstaple - 1st ever Tri
170	Julia	Kellie	w50	50	Northwood - 1st Tri
171	Nikki	Demosthenou	w50	51	Plymouth - Speaks 4 languages
172	Lindsay	Hobbs	w50	58	Tavistock - Hoping to do the Estonia Ironman in August
173	Pauline	Anthony	w50	56	Bristol - Passionate about the NHS
174	Lisa	Plauer	w50	59	Indian Queens
175	Peter	Marquis	m60	64	Redruth
176	Simon	Rowe	m60	63	Wells
177	John	Jacosen	m60	65	Ware
178	Brian	Mullholland	m60	68	Barnstaple
179	Michael	Claydon	m60	62	Bude - Builder and Triathlete
180	Barrie	Slee	m60	66	Yate - 25th bude Triathlon

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181	Mark	Woodward	m60	60	Polzeath - Air ambulance pilot
182	Mark	Sanders	m60	62	Newton Abbot - Keen cyclist
183	Dave	Smith	m60	69	Holsworthy
184	Jackie	Wastell	w60	59	London
185	Stevie	Clark	w60	64	Bude - 1st tri
186	Nicky	Deane-Simmonds	w60	63	Tavistock
187	Jane	Coleman	w60	65	Ilfracombe - swims in cold water all year round - 2nd tri
188	Peggy	Crome	w70	78	Westward Ho - Age group World Champion!
189	Greenfield A	Lewis, Mat, Adam	relay open		Holsworthy Greenfield Engineering
190	Chooosen Ones	Matt, Craig, Marc	relay open		Bude
191	Penbode Marlins	?, Julia, Teresa	realy women		Holsworthy - Penbode Vets
192	Penbode Peregrine	Charly, Sarah, Heath	relay women		Holsworthy - Penbode Vets
193	Penbode Cheetahs	Kate, Megan, Kate	relay women		Holsworthy - Penbode Vets
194	Bude Ladies	Amy, Gretel, Liz	relay women		Bude
195	Not sure yet	Mel, Emma, Louise	relay women		Bude Surf Life Saving Club
196	Moore or less	Georgie, Jackie, Milli	relay women		Pyworthy - Daughters and Mum